Premier's Active April 2017 encourages all Victorians to do 30 minutes of physical activity a day during April.

Activie April is fun for everyone and most importantly, it's FREE!

Register on-line at:

www.activeapril.vic.gov.au

Register today and you can enjoy the benefits that come from increase physical activity during April and beyond. Children Aged 10 - 14 must be supervised by an Adult 18+. Conditions apply.

Please bring a towel and drink bottle to each session.

Standard classes - 45 minutes

Express classes - 30 minutes *

Conditions of entry are displayed at both the gym and pool points of entry.

We ask all patrons to familiarise themselves with these when entering the facility.



Open HoursMonday-Thursday6am - 8.30pmFriday6am - 7pmWeekends8am - 4pmPublic Holidays10am - 4pm(No classes on public holidays)Closed - Christmas Day

Boxing Day and Good Friday







Once registered, simply bring your registration confirmation to Bluewater and we will replace it with a Bluewater Multipass.

Your multipass will give you access to our pool, gym and any of the classes on our special Active April group fitness timetable.

If, at the end of Active April you wish to continue on your wellness journey with Bluewater, we will waive your membership joining fee.

Active April Group Fitness

TERM 1	Monday	Tuesday	Wednesday	Thu	rsday	Friday
6:15am		Boxing [^]				
9:30am					rs n IIs^	
9:30am					qua gix^	
10:30am	Bars n Bells*		Boxing*			
10:30am	Aqua Balance#		Aqua Balance#			
6:00pm			Crank^			
6.30pm		Aqua Logix^		Aqua Logix^		
30 MINUTE CLASSES* 45 MINUTE CLASSES^ 60 MINUTE CLASSES#				GYM PROGRAM ROOMS		MAIN OOL

Active April Over 50s Only

	9.30am	1.30pm
Monday	Active Moves^	
Tuesday		Over 50s GYM#
Wednesday	Active Outdoors^	
Thursday		Over 50s GYM#
Friday		Over 50s GYM#

Sign up for the Premiers Active April and you can use your passes to access the pool, gym or any of the gorup fitness classes on our Active April timetable.

Note the classes are capped so get in quick. To participate in a class, report to Customer Service who will enter your attendance into the class and provide you with a ticket to hand over to the instructor.

See you soon!